



Guam Head Start

DEC

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Breakfast Stuffed Bagel Lunch Salisbury Steak Rice Snack Graham Crackers	2 Breakfast Breakfast on a Stick Lunch Teriyaki Chicken Rice Snack Fruit	3 Breakfast Breakfast Pizza Lunch Cheese Burger Potato Wedges Snack Cereal Bar	4 Breakfast Egg & Cheese Breakfast Sandwich Lunch Chili w/ Hot Dog & Rice Snack Fresh Fruit	5 Breakfast Sausage & Rice Lunch Cheesy Breadsticks w/ Marinara Snack Graham Crackers
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Breakfast is served with Fruit
Lunch is served with Fruit & Vegetable

8 NO SCHOOL Santa Marian Kamalen Day	9 Breakfast Cheese Omelet & Rice Lunch Beef Nachos w/ Cheese Sauce Snack Fruit	10 Breakfast Bagel w/ Cream Cheese Lunch Orange Chicken w/ Rice Snack Cereal Bar	11 Breakfast Sausage & Cheese Breakfast Sandwich Lunch Eggless Loco Moco Snack Fresh Fruit	12 Breakfast Mini Pancakes Lunch Popcorn Chicken Mashed Potatoes & Gravy Snack Graham Crackers
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AM Programs Get Breakfast
PM Programs get Lunch and Snack and all Day Programs get breakfast, lunch & Snack

15 Breakfast Stuffed Bagel Lunch Cheesy Breadsticks w/ Marinara Snack Graham Crackers	16 Holiday Breakfast Cinnamon Roll Holiday Lunch Ham & Red Rice Broccoli & Cheese Fruit & Cookie Snack Fresh Fruit	17 Breakfast French Toast Sticks Lunch Hot Dog Smile Fries Snack Cereal Bar	18 Breakfast Egg & Cheese Croissant Sandwich Lunch Bistek w/ Rice Snack Fresh Fruit	19 No School Flexible Make-up Day
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All meals meet USDA requirements for Healthy, Hunger Free Children

22	23 Winter Break NO SCHOOL	24	 HAPPY HOLIDAYS	26
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White Milk Comes with Breakfast, Lunch and Snack

29 Follow us on Instagram at sodexoschoolsguam	30 Download our App for all Menus including Nutritional and Allergy Information	 Scan to download the Nutrislice app from the App Store	 Scan to download the Nutrislice app from the Google Play Store
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11/19/25

This Institution is an equal opportunity provider